



NEDERLANDSE
VERENIGING voor
ARTHROSCOPIE



25th Anniversary Meeting of the Dutch Arthroscopy Society

‘Arthroscopic Frontiers’

Thursday 21 and Friday 22 May 2015
Huis ter Duin, Noordwijk, the Netherlands

In cooperation with: ESSKA, AGA, NVFS, VSG

www.scopie.org

The Scientific program:

Main contributors to the scientific program of the Netherlands Arthroscopy Society:



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Welcome

On behalf of the Dutch Arthroscopy Society (NVA), we cordially invite you to the Annual Congress in Noordwijk aan Zee, the Netherlands.

This is a special year for the NVA as it is the 25th anniversary of the Society! The NVA Congress is considered the premier Dutch meeting providing a unique opportunity for attendees to discuss and learn the latest advancements in Arthroscopy.

This year's 2-day Congress is internationally orientated and will include a variety of highlights such as the free paper presentations with the Eikelaar Prize for best paper, plenary lectures on knee and shoulder arthroscopy, case based parallel sessions on ankle and elbow arthroscopy with experts in the field covering all special topics. The symposia on rehabilitation after ACL surgery and treatment of tendon pathology are considered top level and we are proud to organize these in close collaboration with the Dutch Society for Sports Physiotherapists (NVFS) and the Dutch Society for Sports Medicine (VSG). The European Society for Sports Traumatology Knee surgery and Arthroscopy (ESSKA) and the Gesellschaft für Arthroskopie und Gelenkchirurgie (AGA) will both organize a special symposium during the Congress. Innovation will be the central theme in the lunch time break-out sessions and technical exhibits will be offered.

The Congress will also host a variety of social events such as; the Breakers Beach Club Party for all Congress attendees, a special beach sports program and a social lecture by a famous Dutch Olympic gold medallist with a future in Medicine.

You are a vital part of the 25th Anniversary NVA Congress!
We hope to see you in Noordwijk!

On behalf of the Dutch Arthroscopy Society (NVA),

Prof.Dr. Gino M.M.J. Kerkhoffs
Chairman

Board of the NVA

Gino Kerkhoffs, Chairman
Suzanne de Jong, Secretary
Tom van Thiel, Treasurer
Cor van der Hart
Sander Koeter
Duncan Meuffels
Jan Willem Swen

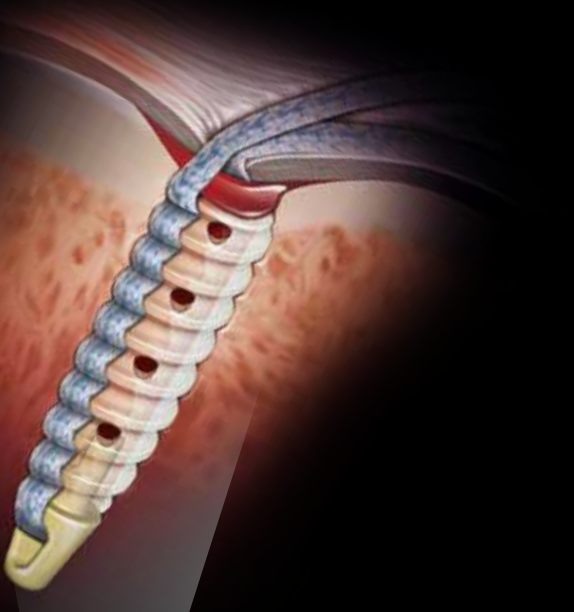
The Scientific Committee

Duncan Meuffels, chairman
Michel van den Bekerom
Henk van der Hoeven
Maaïke van den Borne
Arthur van Noort
Roeland den Boer

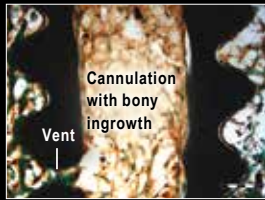
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Practical information

Venue:

Huis ter Duin
Koningin Astrid Boulevard 5, 2202 BK Noordwijk

Accreditation:

Accreditation GAIA 6 points per day for NOV, NVVH, VSG and KNGF.

Registration:

Online registration is possible until May 15, 2015 through www.scopie.org.

Early bird registration is available until April 15, 2015

Registration fee	Early bird/onsite 1 day	Early bird/onsite 2 days
NVA member	€ 285,- / € 325,-	€ 350,- / € 375,-
A(N)IOS member NVA	€ 190,- / € 225,-	€ 250,- / € 300,-
A(N)IOS non member NVA	€ 250,- / € 300,-	€ 325,- / € 375,-
Physiotherapist	€ 250,- / € 300,-	€ 325,- / € 375,-
Sports Physician, member VSG	€ 285,- / € 325,-	€ 350,- / € 400,-
Non member	€ 350,- / € 375,-	€ 400,- / € 450,-
PA - VS	€ 250,- / € 300,-	€ 325,- / € 375,-
Student	€ 150,- / € 175,-	€ 200,- / € 250,-

REGISTER THROUGH WWW.SCOPIE.ORG

Organisation and information:

Excel Congressservice
Odette C.M. de beer - Kock
www.excelcs.nl
Telefoon: 013 - 544 00 13
E-mail: info@excelcs.nl

Hotel:

Huis ter Duin *****
Koningin Astrid Boulevard 5
2202 BK Noordwijk

Hotelrooms:

Double room, single use, incl tourist tax: € 165,-
Double room, double use, incl tourist tax: € 190,-

Faculty

Ackerman, **Paul**; Karolinska University Hospital, Stockholm, Sweden

Arkel, **Ewoud van**; Haga Hospital, The Hague, the Netherlands

Barié, **Alexander**; Orthopädische Universitätsklinik Heidelberg, Germany

Becker, **Roland**; Klinikum Brandenburg, Germany

Bekerom, **Michel van den**; OLVG, Amsterdam, the Netherlands

Bellemans, **Johan**; Orthopedie Kliniek Genk, Belgium

Burkhart, **Stephen**; The San Antonio Orthopaedic Group, United States of America

Calder, **James**; Fortius Clinic, London, United Kingdom

D'Hondt, **Norman**; Research Institute MOVE, Free University Amsterdam

Dirisamer, **Florian**; Orthopädie & Sportchirurgie, Linz, Austria

Engebretsen, **Lars**; Oslo Sports Trauma Research Center and University of Oslo, Norway

Eyendaal, **Denise**; Amphia Hospital Breda, the Netherlands

Galatz, **Leesa**; Washington University Orthopaedics, St. Louis, United States of America

Guillo, **Stephane**; Sports Trauma Centre Bordeaux, France

Hewett, **Tim**; Ohio State University, Ohio, United States of America

Karahan, **Mustafa**; Acibadem University, Istanbul, Turkey

Kerkhoffs, **Gino**; Academic Medical Center, Amsterdam, the Netherlands;
Amsterdam Center for Evidence based Sports medicine (ACES);
Amsterdam Collaboration for Health and Science in Sports ACHSS)

Koëter, **Sander**; Canisius Wilhemina Hospital, Nijmegen, the Netherlands

Kort, **Nanne**; Atrium-Orbis, Heerlen, the Netherlands

Lafosse, **Laurent**; Shoulder Institute, Annecy, France

Niemeyer, **Philipp**; University of Freiburg, Germany

Noort, **Arthur van**; Spaarne Hospital, Hoofddorp, the Netherlands

Olsen, **Bo Sanderhof**; Herlev University Hospital, Denmark

Pearle, **Andrew**; Hospital for Special Surgery, New York, United States of America

Riley, **Graham**; University of East Anglia, Norwich, UK

Risberg, **May Arna**; Norwegian School of Sport Sciences, Oslo, Norway

Scholten, **Peter**; Medinova Kliniek Klein Rosendaal, Velp, the Netherlands

Steinwachs, **Matthias**; SportClinic Zürich, Switzerland

Tuijthoff, **Gabriëlle**; Delft University of Technology - Academic Medical Centre, the Netherlands

Vega, **Jordi**; ASEPEYO San Cugat, Barcelona, Spain; University of Minnesota, Minneapolis, USA

Williams, **Andrew**; Fortius Clinic, London, United Kingdom

Woude, **Henk Jan van der**; Onze Lieve Vrouwe Gasthuis, Amsterdam, the Netherlands

Zaffagnini, **Stefano**; Rizzoli Orthopaedic Institute Of Bologna, Italy

Zwerver, **Hans**; University Medical Center Groningen, Center for Sports Medicine

Anniversary Social Program

Beach activities and Beach Party

Thursday 21 May 2015, 17:00 - 00:00 hours. Breakers Beach House

Participation in social program € 90,-

Sports activities:

Powerkiting:

17:00 hours at the Beach in front of Breakers Beach House.

You received a special edition NVA-kite in your conference bag, which can be used.

Please bring your Powerkite – ticket that is in your congress envelope.

Dresscode: Casual sportive cloths, easy shoes (sneaker, trainers), rainjacket or windjacket.

Canoeing & Raften:

17:00 hrs at the Beach in front of Breakers Beach House. Please bring your Canoeing or Raft – ticket that is in your congress envelope.

Dress code: Bathingsuit / swim shorts and bring a towel.

If you wear glasses remember to put on a cord to prevent losing your glasses

There will be wetsuits available for the raftering.

Showers and dressing rooms are available at the pool of the Hotel Huis ter Duin.

Walking Dinner & Beach Party

Dress Code: Smart Casual

18:30 Drinks & Music by DJ Daan Geeven at Breakers Beach House

19:30 Walking Dinner

21:30 Beach Party with the “Leuk dat je er bent – Band”

00:00 End of the Beach Party

After Party for the Die-hards:

Club Conversation at Huis ter Duin with DJ Daan Geeven

Lustrumcommittee NVA

Ewoud van Arkel

Odette de Beer - Kock

Maaïke van den Borne

Sebastiaan Floor

Joost de Graaf

Jaap Willems

Eline Zwitter

Thursday 21 May 2015

08:00 08:45	Registration and coffee: Keizerszaal and Van Trappenbeckfoyer Official welcome by Prof. Gino Kerkhoffs, President of the Dutch Arthroscopy Society	Pické 1-2
08:55 - 10:40	Scientific program part 1: Shoulder <i>Chairmen: Arthur van Noort and Maaike van den Borne</i> 08:55 - 09:15 Natural history of rotator cuff tears <i>Leesa Galatz</i> 09:15 - 09:30 Adeptive movement behavior in patients with shoulder disorders: The thrower's paradox <i>Norman D'Hondt</i> 09:30 - 09:50 The degenerative cuff <i>Stephen Burkhart</i> 09:50 - 10:10 Complications and treatment options arthroscopic Latarjet procedure <i>Laurent Lafosse</i> 10:10 - 10:30 The Latarjet Procedure <i>Arthur van Noort</i>	Pické 1-2
10:30 - 11:15	Coffee break: Keizerszaal and Van Trappenbeckfoyer Scientific program part 2: Society Sessions 11:15 - 12:00 Society Sessions 2A: NVA (parallel session) 11:15 - 12:00 25th annual member meeting (members only) <i>Gino Kerkhoffs</i>	Pické 1-2
11:15 - 12:00	Society Session 2B: NVFS. (parallel session) State of the art ACL rehabilitation <i>Arna May Risberg</i>	Pické 3
12:00 - 13:00	Scientific program part 3: Innovations in Arthroscopy 12:00 - 12:20 Innovation talk <i>Stephen Burkhart</i>	Pické 1-2
13:00 - 14:00	Lunch: Keizerszaal and Van Trappenbeckfoyer	
14:00 - 15:00	Scientific program part 4: Dutch Sports Medicine Association (VSG) Tendinopathy; from basic pathology to current care and future cure. <i>Chairmen: Robert-Jan de Vos and Duncan Meuffels</i> 14:00 - 14:20 Basic pathology in tendinopathy of energy-storing tendons <i>Graham Riley</i> 14:20 - 14:40 Current treatment option for tendinopathy <i>Hans Zwerver</i> 14:40 - 15:00 Targeting pain in chronic tendinopathy: future cure? <i>Paul Ackermann</i>	Pické 1-2
15:00 - 15:30	Teabreak: Keizerszaal and Van Trappenbeckfoyer	
15:30 - 16:45	Scientific program part 5: Sports Injuries Scientific program part 5A: Sports injuries Ankle (parallel session) <i>Chairmen: Gino Kerkhoffs and Roeland den Boer</i> 15:30 - 15:45 Ankle arthroscopy in football and rugby case based presentation <i>James Calder</i> 15:45 - 16:00 Ankle instability – Arthroscopic treatment technique and results <i>Stephane Guillo</i> 16:00 - 16:15 Anterior Ankle impingement, is it all the same? <i>Jordi Vega</i> 16:15 - 16:30 Posterior Ankle impingement – my indications and tricks <i>Peter Scholten</i> 16:30 - 16:45 Talar OCD - new frontiers <i>Gino Kerkhoffs</i>	Pické 1-2
15:30 - 16:45	Scientific program part 5B: Sports injuries Elbow (parallel session) <i>Chairmen: Michel van den Bekerom and Jan Willem Swen</i> 15:30 - 15:45 Radiology of the sports and arthroscopic elbow <i>Henk-Jan van der Woude</i> 15:45 - 16:00 Treatment of distal biceps ruptures <i>Michel van den Bekerom</i> 16:00 - 16:15 Complications of elbow arthroscopy <i>Leesa Galatz</i> 16:15 - 16:30 Posterior elbow problems in the throwing athlete <i>Bo Olsen</i> 16:30 - 16:45 Osteochondral defects of the capitellum <i>Denise Eygendaal</i>	Pické 3
17:00	End of the scientific program. Start of the anniversary Social Program	

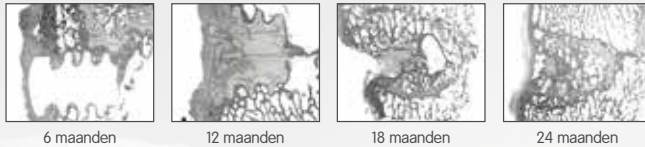
Friday 22 May 2015

08:30	Registration and coffee: Keizerszaal and Van Trappenbeckfoyer	
09:00 - 11:00	Scientific program part 6: The ACL <i>Chairmen: Duncan Meuffels and Tom van Thiel</i> 09:00 - 09:20 History of ACL reconstruction <i>Andrew Pearle</i> 09:25 - 09:55 ACL injury prevention <i>Tim Hewett</i> 10:00 - 10:30 ACL injury in young children-surgery or rehab? <i>Lars Engebretsen</i> 10:35 - 11:00 ACL reconstruction for the professional athlete <i>Stefano Zaffagnini</i>	Pické 1-2
11:00 - 11:30	Coffee break: Keizerszaal and Van Trappenbeckfoyer	
11:30 - 12:10	Scientific program part 7: Free paper sessions All free papers compete for the prestigious Dr. Eikelkaar Award <i>Chairmen: Suzanne de Jong and Duncan Meuffels</i> 11:30 11:38 11:46 11:54 12:02	Pické 1-2
12:15 - 13:15 12:15 - 13:15	Scientific Program part 8: Society sessions ESSKA and AGA Scientific Program part 8A: (parallel session) ESSKA: Teaching in Arthroscopy <i>Chairmen: Mustafa Karahan and Sander Koëter</i> 12:15 Effective training in arthroscopy <i>Mustafa Karahan</i> 12:27 Simulator in arthroscopy education <i>Gabrielle Tuijthof</i> 12:39 Evidence in arthroscopy education <i>Roland Becker</i> 12:51 The ESSKA EBAC initiative <i>Nanne Kort</i> 13:03 The NVA education program <i>Sander Koeter</i>	Pické 1-2
12:15 - 13:15	Scientific Program part 8B: (parallel session) AGA: Complications in Knee surgery <i>Chairmen: Philipp Niemeyer and Alexander Barié</i> 12:15 The non-healed meniscus <i>Roland Becker</i> 12:30 Subchondral Bone reaction after Cartilage Repair <i>Philipp Niemeyer</i> 12:45 "Arthrofibrosis and cyclops syndrome after ACL reconstruction" <i>Alexander Barié</i> 13:00 Complication after MPFL Reconstruction <i>Florian Dirisamer</i>	Pické 3
13:15 - 14:00	Lunch: Keizerszaal and Van Trappenbeckfoyer	
15:00 - 15:10	Scientific program part 9: The Knee <i>Chairmen: Ron Janssen and Cor van der Hart</i> 14:00 - 14:20 The meniscus whats new? <i>Edwoud van Arkel</i> 14:20 - 14:40 Posterior cruciate ligament injury when to operate. <i>Lars Engebretsen</i> 14:40 - 15:10 Extra-articular reconstruction yes or no? <i>Johan Bellemant versus Andy Williams</i>	Pické 1-2
15:10 - 15:45	Teabreak: Keizerszaal and Van Trappenbeckfoyer	
15:45 - 16:45	Scientific program part 10: Finale <i>Chairmen: Arthur Lim and Jaap Willems</i> 15:45 - 16:00 Dr. Eikelkaar award session <i>Harry Eikelkaar and committee</i> 16:00 - 16:30 Olympic Champion / World Champion <i>Epke Zonderland</i> 16:30 - 16:45 Concolusion <i>Prof.dr. Gino Kerkhoffs, chairman Dutch Arthroscopy Society</i>	Pické 1-2
16:30 - 18:00	Farewell Party with Tzigane Swing Seaside terrace of Huis ter Duin	

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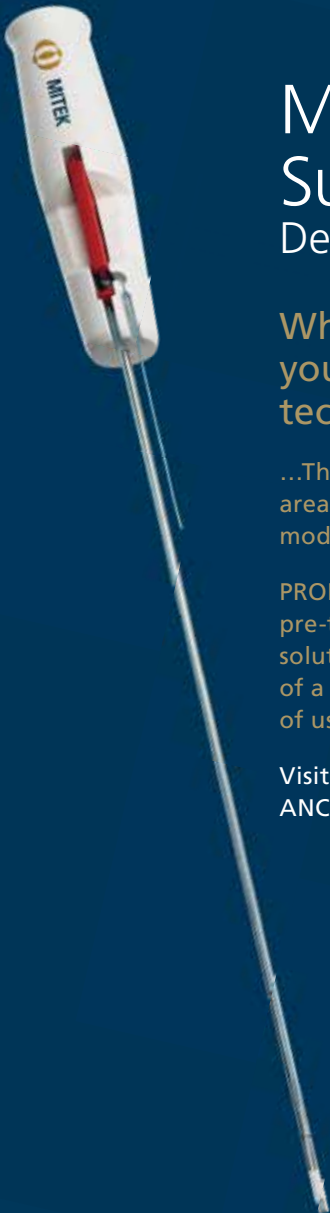
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[◊] Handelsmerk Smith & Nephew - NL-NL-01-15-007 - 1. In vivo animal testing has demonstrated that REGENESORB material is bioabsorbable and is replaced by bone. Implants (9x10 mm) were implanted in ovine cancellous bone and compared to an empty defect (9x10 mm) at 6, 12, 18, and 24 months (n=6). Micro-CT analysis demonstrated that by 24 months, bone in-growth into this material (289.5 mm³) was significantly greater (p<0.05) than bone in-growth into an empty defect (170.2mm³) and reaches a bone volume not statistically different from intact bone (188.2 mm³). Results of in vivo simulation have not been shown to quantitatively predict clinical performance. Data on file at Smith & Nephew in report 15000897. 2. Histology images of a 9x10 mm REGENESORB interference screw evaluated in a direct-in-bone sheep model.



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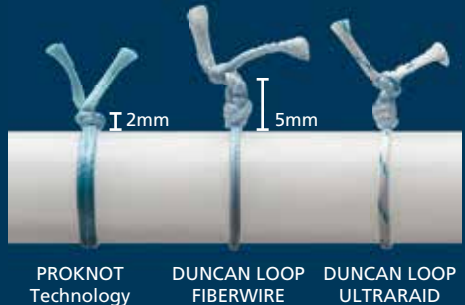
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Data on file at DePuy Synthes Mitek Sports Medicine. GRYPHON® ANCHORWITHPROKNOT™ TECHNOLOGY: KNOTSIZECOMPAREDTOARTHROSCOPICKNOTSWITH#2 SUTURE, whitepaper

 **DePuy Synthes**

MITEK SPORTS MEDICINE

COMPANIES OF 



Secretariat:

EXCEL CONGRESSERVICE

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Register through www.scopie.org